

AM & PM Snack

February 2026

WGR-Whole Grain Rich

WW-Whole Wheat

MGR - Multi Grain

PRIMANTI
MONTESSORI
ACADEMY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	2 (WW) Ritz Crackers & Cheese Apple Slices Saltine Crackers Milk & Water	3 Graham Crackers Apple Slices Animal Crackers Juice & Water	4 (WGR) Mini Bagels With Cream Cheese Banana String Cheese Milk & Water	5 (WGR) Goldfish Crackers Banana Graham Crackers Juice & Water	6 (WGR) Cheez-It Crackers Peach Slices Mini-Pretzels Juice & Water	Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	9 (WW) Wheat Crackers Apple Slices Cheez-It Crackers Juice & Water	10 (WGR) Wheat Thins & Cheese Orange Slices Goldfish Crackers Juice & Water	11 (WGR) Mini Bagels With Cream Cheese Banana Ritz Crackers Milk & Water	12 (WGR) Bran Muffin Apple Sauce Mini- Pretzels Milk & Water	13 (WGR) Wheat Crackers Oranges Slices String Cheese Milk & Water	Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	16 Presidents' Day School Closed	17 Graham Crackers Apple Slices Animal Crackers Juice & Water	18 (WGR) Cereal Mix Apple Sauce String Cheese Juice & Water	19 (WGR) Goldfish Crackers Banana Graham Crackers Juice & Water	20 (WGR) Cheez-it Crackers Peach Slices Mini-Pretzels	Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	23 (WW) Wheat Crackers Apple Slices Cheez-It Crackers Juice & Water	24 (WGR) Wheat Thins & Cheese Orange Slices Goldfish Crackers Juice & Water	25 (WGR) Mini Bagels With Cream Cheese Banana Ritz Crackers Milk & Water	26 (WGR) Bran Muffin Apple Sauce Mini-Pretzels Milk & Water	27 (WGR) Wheat Crackers Oranges Slices String Cheese Milk & Water	Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup