

AM & PM Snack

August 2026



PRIMANTI MONTESSORI ACADEMY

(WGR)-Whole Grain (WW)-Whole Wheat

(MGR) - Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ⅛ Cup, 2 tbsp Fruit ⅛ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	3 Ritz Crackers & Cheese Slices Apple Slices Animal Crackers Juice and Water	4 (WGR) Cheez-It Crackers Mandarin Oranges Saltine Crackers Juice and Water	5 (WGR) Cereal Mix Apple Sauce String Cheese Juice and Water	6 (WGR) Goldfish Crackers Banana Mini Pretzels Juice and Water	7 (WW) Whole Wheat Crackers Orange Slices Graham Crackers Juice and Water	Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ⅛ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup ½ Cup ¾ Cup ⅛ Cup
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ⅛ Cup, 2 tbsp Fruit ⅛ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	10 (WGR) Mini Pretzels Infants Goldfish Crackers Apple Sauce Ritz Crackers Juice and Water	11 (WW) Mini Bagel & Cream Cheese Apple Slices Cheez-It Crackers Juice and Water	12 Graham Crackers Banana Saltine Crackers Juice and Water	13 (WW) Wheat Crackers Banana String Cheese Juice and Water	14 Vanilla Yogurt Mandarin Oranges Animal Crackers Juice and Water	Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ⅛ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup ½ Cup ¾ Cup ⅛ Cup
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ⅛ Cup, 2 tbsp Fruit ⅛ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	17 Ritz Crackers & Cheese Slices Apple Slices Animal Crackers Juice and Water	18 (WGR) Cheez-It Crackers Mandarin Oranges Saltine Crackers Juice and Water	19 (WGR) Cereal Mix Apple Sauce String Cheese Juice and Water	20 (WGR) Goldfish Crackers Banana Mini Pretzels Juice and Water	21 (WW) Whole Wheat Crackers Orange Slices Graham Crackers Juice and Water	Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ⅛ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup ½ Cup ¾ Cup ⅛ Cup
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ⅛ Cup, 2 tbsp Fruit ⅛ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	24 (WGR) Mini Pretzels Infants Goldfish Crackers Apple Sauce Ritz Crackers Juice and Water	25 (WW) Mini Bagel & Cream Cheese Apple Slices Cheez-It Crackers Juice and Water	26 Graham Crackers Banana Saltine Crackers Juice and Water	27 (WW) Wheat Crackers Banana String Cheese Juice and Water	28 Vanilla Yogurt Mandarin Oranges Animal Crackers Juice and Water	Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ⅛ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup ½ Cup ¾ Cup ⅛ Cup
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ⅛ Cup, 2 tbsp Fruit ⅛ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	31 Ritz Crackers & Cheese Slices Apple Slices Animal Crackers Juice and Water			**This institution is an equal opportunity Provider**	Free Meal modifications are available upon request for participants with disabilities	Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ⅛ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup ½ Cup ¾ Cup ⅛ Cup